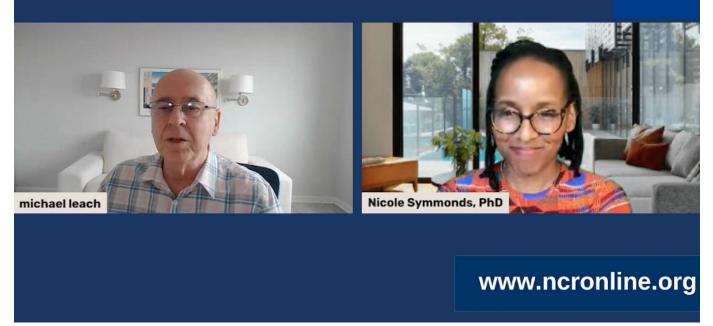Soul Seeing for Lent host Michael Leach speaks with Nicole Symmonds, visiting professor at McAfee School of Theology and NCR Sacred Writes Fellow. (NCR screenshot/YouTube)

by Stephanie Yeagle

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April 5, 2022

For the second year, NCR is bringing our readers a four-part series of conversations on spirituality during the Lenten season.

In the third conversation, Soul Seeing for Lent host Michael Leach speaks with Nicole Symmonds, visiting professor at McAfee School of Theology and NCR Sacred Writes Fellow, about finding humanity on Twitter, spreading positivity and love and her journey to Catholicism.

Background reading:

- Tweeting through Lent has meant holding space for people and taking their words seriously, writes Symmonds in her Soul Seeing for Lent column.
- Symmonds also wrote about the spirituality of Wordle, the game that invites us to recognize the virtues of patience and temperance.
- Soul Seeing, which is edited by Leach, is a regular NCR column focused on spirituality and the "peace beyond all understanding." You can read all Soul Seeing columns here.

Mark your calendar for our upcoming Soul Seeing for Lent conversations:

- April 18 — Franciscan Sr. Ilia Delio, the Josephine C. Connelly Endowed Chair in Theology at Villanova University

And check out the first Soul Seeing Lent conversation with Loretto Sr. Jeannine Gramick, co-founder of New Ways Ministry, about her ministry, her correspondence with Pope Francis and what she's doing this Lent. Or watch the second conversation with Jesuit Fr. Jim Martin, editor-at-large at America magazine, about the power of prayer and having honest conversations with God.

This story appears in the **Soul Seeing for Lent** feature series. View the full series.