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September 27, 2019

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A quote from Pope Francis:

"A lukewarm heart becomes self-absorbed in lazy living and it stifles the fire of love. The lukewarm person lives to satisfy his or her own convenience, which is never enough, and in that way is never satisfied; gradually such a Christian ends up being content with a mediocre life. The lukewarm person allocates to God and others a 'percentage' of their time and their own heart, never spending too much, but rather always trying to economise. And so, he or she can lose the zest for life: rather like a cup of truly fine tea, which is unbearable to taste when it gets cold. I am sure, however, that when you look to the example of those who have gone before you in faith, you will not let your hearts become lukewarm. The whole Church, in showing you special affection, looks to you and offers you encouragement: you are a little flock that is so precious in God's eyes."

— Homily at Church of the Immaculate Conception, Bazu, Azerbaijan, Oct. 2, 2016

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