

[EarthBeat](#)

[Faith](#)



Photo used with permission | Moveast CCO | [moveast.me](http://moveast.me)

by Peter McLoughlin

[View Author Profile](#)

## [Join the Conversation](#)

Send your thoughts to *Letters to the Editor*. [Learn more](#)

September 11, 2019

[Share on Bluesky](#)[Share on Facebook](#)[Share on Twitter](#)[Email to a friend](#)[Print](#)

Take a moment to reflect on the photo.

---

Let nothing disturb you.

Let nothing upset you.

Everything changes.

God alone is unchanging.

With patience all things are possible.

Whoever has God lacks nothing.

God alone is enough.

— **St. Teresa of Avila**

---

Where does your money go? Whom does it support?

[Better World Shopper](#) rates businesses on these criteria: human rights, the environment, animal protection, community involvement and social justice.

---

### **Season of Creation Daily**

pause | reflect | act

**Editor's note:** [Season of Creation Daily](#) is inspired by the Care for Our Common Home Ministry, Paulist Center Boston. To receive daily reflections by email, [sign up here](#).

Advertisement

This story appears in the **Season of Creation Daily** feature series. [View the full series](#).