

[EarthBeat](#)

[Faith](#)



Photo used with permission | Adnan Adam Onart | [aroom4light.org](#)

by Peter McLoughlin

[View Author Profile](#)

## [\*\*Join the Conversation\*\*](#)

Send your thoughts to *Letters to the Editor*. [Learn more](#)

September 10, 2019

[Share on Bluesky](#)[Share on Facebook](#)[Share on Twitter](#)[Email to a friend](#)[Print](#)

Take a moment to reflect on the photo.

---

Remember the earth whose skin you are:

red earth, black earth, yellow earth, white earth

brown earth, we are earth.

Remember the plants, trees, animal life who all have their

tribes, their families, their histories, too. Talk to them,

listen to them. They are alive poems.

To pray you open your whole self

To sky, to earth, to sun, to moon

To one whole voice that is you.

— **Joy Harjo**, first Native American Poet Laureate of the United States 2019, from "Remember" and "Eagle Poem"

---

Compassion is the love that recognizes and identifies with the preciousness of all that is lost and broken within ourselves and others.

— **James Finley, Christian Meditation**

---

Take a walk.

What do you observe, hear, smell, feel?

---

Special thanks for peaches and other favorite blessings

---

**Season of Creation Daily**

pause | reflect | act

**Editor's note:** [Season of Creation Daily](#) is inspired by the Care for Our Common Home Ministry, Paulist Center Boston. To receive daily reflections by email, [sign up](#)

[here.](#)

Advertisement

This story appears in the **Season of Creation Daily** feature series. [View the full series.](#)