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A quote from Pope Francis:

"Peace builds bridges, whereas hatred is the builder of walls. You must decide, in life: either I will make bridges or I will make walls. Walls divide and hatred grows: when there is division, hatred grows. Bridges unite, and when there is a bridge hatred can go away, because I can hear the other and speak with the other. When you shake the hand of a friend, of a person, you make a human bridge. You make a bridge. Instead, when you strike someone, when you insult another person, you build a wall. Hatred always grows with walls. At times, it may happen that you want to make a bridge and you offer your hand, but the other party does not take it; these are the humiliations that we must suffer in life in order to do good. But always make bridges. And you have come here: you were stopped and sent home, then you took a risk on the bridge to try again: this is the right attitude, always. Is there a difficulty that prevents me from doing something? Go back and then go ahead, return and move on. This is what we must do: make bridges. Do not fall to the ground, do not say, 'Oh, I can't', no: always look for a way of building bridges. You are there, with your hands, make bridges, all of you! Take each other by the hand. I want to see lots of human bridges. ... This is the plan for life: make bridges, human bridges."

-- Greetings to young Italians in Krakow, Poland, July 28, 2016

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