

## [Spirituality](#)

by NCR Staff

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In this episode, NCR columnist and blogger Tom Carney argues that the mystery of Christmas is drowned out by the commercial holiday. Tom talks about how to

recapture the spiritual foundation of Christmas and how he celebrates the coming of Christ. Later, Soul Seeing editor Mike Leach talks about how the holiday has evolved for him with different seasons of life. He'll also share recommendations for listeners looking for some extra Christmas hope this year.

## Show Notes

- Tom Carney on [why Christians should hate Christmas](#).
- Tom writes every Thursday at [Skeptical Faith](#), a blog that "is meant to show that faith and skepticism are not mutually exclusive."
- Find Christmas (and year-round) inspiration in our [Soul Seeing](#) columns.
- Here's Mike's favorite Christmas song: Bing Crosby and David Bowie singing "[The Little Drummer Boy](#)."
- This year, Mike Leach is taking his family to serve a Christmas meal at a homeless shelter. He wrote about a similar experience a couple of years ago. Hint: [it's not about the food](#).
- [A visit from \(the spirit of\) Frank Sinatra](#) made for one of Mike and Vickie Leach's favorite Christmases.
- Mike recommends two Christmas books: "[Starlight](#)" by John Shea and "[The True Meaning of Christmas](#)" by Mitch Finley.

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