

O Comfort

Sisters of the Monastery of Mount St. Scholastica | Dec. 9, 2014 Spiritual Reflections
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O Comfort, comfort my people, says your God; shower your tenderness upon us.

There are so many people in our world in need of comfort: the people of the Philippines devastated by Typhoon Haiyan, the women working in the garment factories of Bangladesh and Haiti, the single mother who depends on a minimum-wage job to support her family, and the parents of young victims of drive-by shootings. How can I be a bearer of comfort for these people today? What words of consolation or encouragement can I speak? What small deeds can I offer to bring comfort to those with so little?

-- Sr. Rose Marie Stallbaumer

[The Monastery of Mount St. Scholastica in Atchison, Kan., is home to 140 Benedictine sisters whose presence has been in the Kansas-Missouri area for the last 150 years. While primarily engaged in education, the sisters also sponsor the Keeler Women's Center; Sophia Center, which houses their spirituality programs; and Maur Hill-Mount Academy and Benedictine College, which they co-sponsor with St. Benedict's Abbey.]

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