

Former Beatle and family start campaign to target pollution, world hunger

Sharon Abercrombie | Feb. 14, 2012 | Eco Catholic

Here's something worth considering for Lenten reading.

Former Beatle Sir Paul McCartney and his two daughters, Stella and Mary, have started the Meat Free Monday campaign [1], which addresses pollution, better health, the ethical treatment of animals and global hunger.

They have also contributed to a new cookbook, <u>The Meat Free Monday Cookbook</u> [2]. It features more than 300 seasonal vegetarian recipes. One of them appears in the March 2012 issue of *The Vegetarian Times* [3].

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Links:

- [1] http://www.meatfreemondays.com
- [2] http://www.amazon.com/Meat-Free-Monday-Cookbook-Every/dp/1906868697
- [3] http://www.vegetariantimes.com