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## A Psalm of My Whereness

by Ed Hays

The question "Where Have I come from?"  
rises up and haunts me;  
lingering, it floats like a flower  
in the backwaters of my mind.

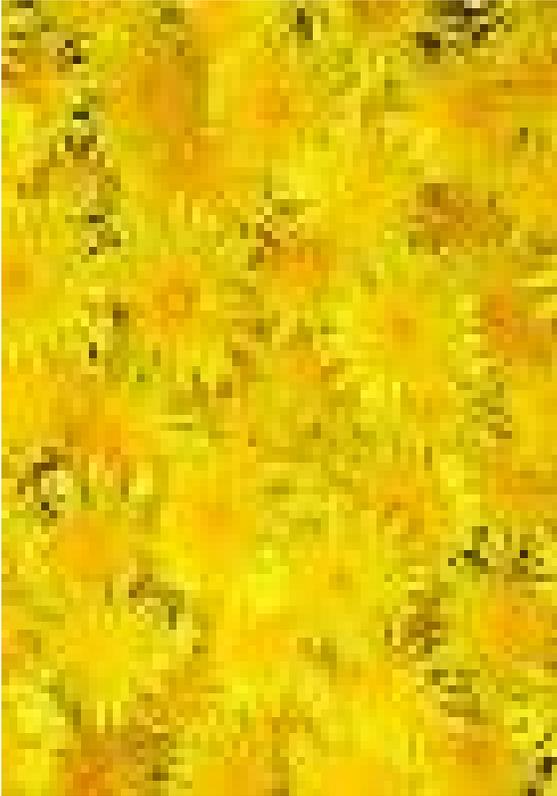
### Lent 2010 Reflections by Joyce Rupp

Beginning the week of Ash Wednesday (Feb. 17) NCRonline.org spiritual reflections will be offered by Sr. Joyce Rupp. If you received this email you will receive Joyce Rupp's reflections when they begin. Please forward this email to friends who might like to receive Joyce Rupp reflections during Lent and they can sign up by clicking here.

If you do not wish to receive reflections by Joyce Rupp, click here to remove your name from the Spiritual Reflections email list. Fr. Ed Hays' reflections from the past year will remain online.

From somewhere deeper than I know,

in the place where I am held to the divine breast,



the voice of God echoes in reply:

?You, my beloved little one,  
were hidden in my heart  
before your sun burned bright.

?You were the dream of my delight  
before the Earth was born  
of the dust of long-dead stars.

?Before I shaped a single star,  
I nursed you for endless ages,  
feeding you with the essence of my life.

?In my great lap I played with your infinite childlike form  
and gazed with love upon your original face,  
the mirror form of my own image.

?I laughed with delight at the marvel of your being,  
the flesh and bone of my bone.

?And you laughed with glee as I winked,  
as the four winds sprang to life  
and suns like dandelions  
lit up the dark lawn of space.

?Where did you come from? O my child,  
you in whom live all my hopes and loves,  
you came from me.?

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From *Prayers for a Planetary Pilgrim* by Ed Hays

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**Prayer action suggestion:**

Spend time this week sitting with the reality that we all come from the same Source.

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**SIGN UP NOW** to receive an e-mail alert each week directing you to Fr. Hays' prayer reflections.



Want to know more about Fr. Ed Hays?

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