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The Gift of a Mystic Mirror

by Ed Hays

“Mirror, mirror on the wall, may I look with love on all.” That was written many years ago. Today I have the rare opportunity to amend what I’ve previously written. The person you see daily in your mirror is you, the most important person in the world.



Yet that mirror image of an independent individual is an illusion! Over the

entrance of the United Nations building in New York is carved a quotation from the Persian Muslim poet-mystic Saadi Shirazi:

Human beings are all members of one body.
They are created by the same essence.
When one is in pain, the others cannot rest.
If you do not care about the pain of others,
You do not deserve to be called a human being.

So when you look in the mirror, look beyond the illusion and see the other who is in pain. It is a spiritual evolution to rise above concern for your own needs and truly care for others who are in great pain or suffering.

*Give me the insight to see my face
in the faces of all the human family,
to care for others as I care for myself,
so I can call myself a human being.*

From *A Book of Wonders* by Ed Hays

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**Prayer action suggestion:**

Pray with the victims of the earthquake in Haiti. Support relief efforts in any way you can.

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