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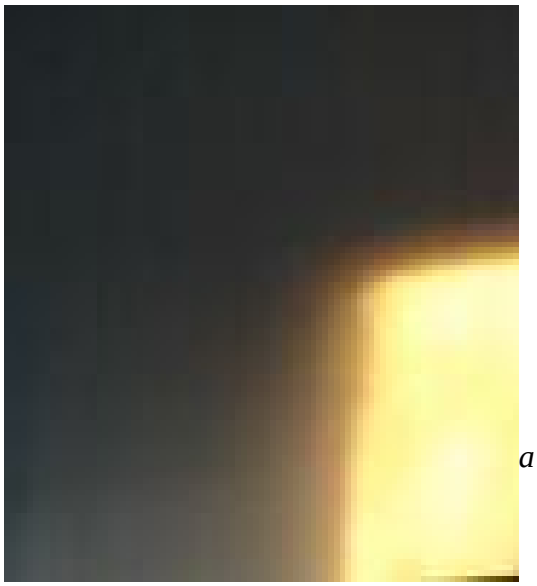
# Autumn Equinox Prayer

Ed Hays | Sep. 25, 2009

I unite myself with ancient memories that sleep within.
Ancestors of long ago whose fears have left their fingerprints upon me,
remind me of my holy communion with that river of humanity
that flows through my soul.
May this flame be my autumn sacred fire.


*a fire or candle may be lit*

I greet you, child of night ? my anger.
May I live with you in a creative way.
Be fuel for the prophet within me
to speak and act against the darkness of injustice.

I greet you, daughter of the dark ? my sexual needs.
May I always dance with you in creative, selfless ways.
May I live with you in openness and without fear.

I greet you, sons of darkness ? envy and the need to be noticed.
I fear you not, for you can teach me how I must love myself fully
if I am to love others and my God with all my heart.

I greet you ? night-spirit of aggression.
May you be a powerful force for good in my life.
You are the energy that can impel me to achieve great deeds,
to heal the Earth of brokenness.

May I live with you in good health of body, mind and spirit.

And may all my friends of the dark
be in harmony with the spirits of light within me,
living together under the loving eye of our merciful God.
Amen

From *Prayers for a Planetary Pilgrim* by Ed Hays

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